

Beauty Institute and Spa Inc.
361 Cornwall Rd. Suite 104, Oakville ON L6J 7Z5
Tel. 289.291.0168; Email: indulge@beautyinstituteandspa.com

BEFORE AND AFTERCARE INSTRUCTIONS

Proper care following your procedure is necessary to achieve the best results. Keep in mind that in many cases, some unevenness of color is to be expected. This is the purpose of the touch-up visit. Please review the following directions and refer to them as necessary.

Do not tan. Do not do chemical peel before the procedure.

I agree to **have a patch test with the chosen pigment 24hrs prior Permanent Make-Up procedure.**

If the client uses blood thinners prescribed by doctor the procedure is not allowed.

Do not take Aspirin, Niacin, Vitamin E and/or Ibuprofen unless medically necessary, 48-72 hours prior to your procedure. Tylenol is fine. Exercising or drinking alcohol is not allowed before the procedure.

The patient must be **off Accutane for 1 year. No exceptions.** With Accutane the propensity for scarring is higher.

Expect treated areas to be tender for the next few days.

Cold, wet cotton pads, soaked in distilled water may be applied to clean the brows during the first 10 days. Only touch the treated area with squeaky-clean hands. This is a must... we do not want an infection.

Keep the area of pigmentation lightly moist with a product such as Vaseline. When using Vaseline don't apply overly greasy or too obvious. To apply Vaseline you can use a Q-Tip. Vaseline 2-3 times a day (morning, night, and once in between) for a minimum of 10 days. If a crust forms on the pigmented surface, do not force removal by scratching or abrasive washing. The pigment could be removed along with the crust. Be gentle with your tattoo and let it exfoliate its upper layer without your help. Some itching is normal. **AGAIN DO NOT PICK OR PEEL** the treated area or your color may heal unevenly.

Brows can take up to 8 days to fully exfoliate. Do not expose the area that is healing to dirty or unsanitary conditions. Wearing big glasses outdoors is a good way to protect eyebrows from dust and direct sun etc.

It is normal for your tattooed color to heal 30-50% lighter than how it looks on the day of initial procedure.

No make-up is to be applied on or to close to new tattoo until it is healed. Old or used make-up can be loaded with bacteria, which could cause infection.

Emu oil is a wonderful skin conditioner, but do not use Emu oil as your sealant! It may cause your pigment color to bleed or migrate.

Do not expose your healing skin to direct sun, tanning beds, hot tubs, saunas, steam, salt water, chlorinated pools, direct shower spray, skin creams, ointments or lotions other than Vaseline for 14 days following your procedure.

You may wax or tweeze brow area before a brow tattoo to help clean up and design your brow placement, but do not resume any method of hair removal for at least 2 weeks after your new brows have been tattooed.

Beauty Institute and Spa Inc.

361 Cornwall Rd. Suite 104, Oakville ON L6J 7Z5

Tel. 289.291.0168; Email: indulge@beautyinstituteandspa.com

If you are planning a chemical peel, laser peel, MRI, or other medical procedure, please inform your physician of your cosmetic tattoo. Certain lasers have reported to turn your pigment black. Make sure your physician is aware of your tattoo so there are no unwanted surprises.

Use a good sunscreen if out in direct sun. Sun exposure will fade your permanent cosmetics just like a body tattoo or can change its color.

Retin A , Glycolic Acids, Tretinoin or any other rapid skin exfoliation products used regularly on the forehead area will thin the epidermis and semi-permanent makeup will fade away prematurely.

If you donate blood, it is a Red Cross policy that you must wait one year after any tattooing procedure.

Semi-permanent tattoo is not recommended for anyone with following health conditions:

- Pregnant or nursing
- Diabetic
- Chemotherapy
- Viral infections and/or diseases
- Epilepsy
- Pacemaker or major heart problems
- Organ transplant
- Skin irritations or Psoriasis near the treated area (rashes, sunburn, acne, etc.)
- Sick (Cold, flue, etc.)
- Botox in the past 2 weeks
- Accutane in the past year
- Women having a period